As per our scriptures, Bhagwan Adinath is considered as the Rushbhdev , the first Tirthankara of the current Chauvisi – 24 Tirthankaras and first ruling King. He had 12 previous lives and became a Tirthankara in his 13th birth. He was born in Ayodhya, during the Yuglik era as the son of the patriarch Nabhi and his queen Marudevi. He was named Rsabha as he bore the mark of a bull on his thigh and his mother – Marudevi – saw a bull in her first dream. He is also referred to by other names including Rishabdev, Rishabh, Adishwar, Rishabhdeva, Adishvar, Vṛṣabhanātha, Ŗṣabhadeva, Ŗṣabhanātha, mata Marudevi na nand

Jain tradition holds that all civilization developed from the teachings of Adinath and is credited with setting up the customs and institutions of society, including marriage, farming, crafts, reading, writing and mathematics.

He was married to Sunanda and Sumangala and had 100 sons, including Bharata and Bahubali and 2 daughters – Brahmi & Sundari.

He was the first person to renounce his worldly life to become a Jain ascetic. Adinath attained Nirvana (moksha) at Mount Ashtapad together with 10,000 additional Jain ascetics.



On this day, Jains try & do at least one 'mala' reciting:

## "Om Hrim Shri Adinath Parangatay Namah"

Realising the end of his life was near at hand, Bhagwan Adinath climbed Mount Ashtapad along with ten thousand Jain ascetics (monks). They fasted for six days and took the oath of 'padapogama santhara' – to be still like a mountain till the end of one's life - destroyed the remaining non-destructive karmas and Adinath met his end in the ;Paryanka Asana' - sitting posture. He achieved the ultimate goal of life, attained enlightenment and became the supreme being. Ashtapad, being the place of his Nirvan, became a Tirth and place where the ultimate goal of life could be achieved.

## **ADINATH BHAGWAN**

Adinath Bhagwan Jain Derasar, Khambhat, District - Anand (Gujarat

